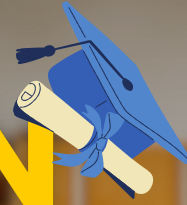


# THE BEACON



Volume 1, Issue 1, August 2023

## MESSAGE FROM THE EDITORIAL BOARD

*BVRTSE Beacon, our monthly newsletter, marks the beginning of a new chapter in our educational expedition, as we work to nurture a strong sense of community, effective communication, and a shared mission.*

*The name "Beacon" was chosen thoughtfully, as it represents the guiding light that has always illuminated our institution's path. Just as a beacon aids travellers through tumultuous waters, this newsletter will serve as a source of information and motivation, helping us navigate the vast ocean of knowledge and personal growth.*

*In a swiftly changing world where information spreads in an instant, the BVRTSE Beacon will serve as a link between our school's lively present and its promising future. It will capture achievements, provide a canvas for creativity, and offer a platform for diverse voices to be heard.*

*This newsletter is not simply a compilation of words on paper; it is a reflection of our collective journey. It will showcase students' accomplishments, teachers' dedication, and the strong support of parents and staff. It will remind us of the hurdles we've overcome, the milestones we've reached, and the aspirations we continue to pursue.*

*BVRTSE Beacon exemplifies the idea that education should surpass the confines of a classroom. It extends beyond textbooks and exams, reaching into the realm of character building, personal growth, and the cultivation of lifelong skills. Every story shared, every message conveyed, and every artwork displayed will highlight our comprehensive approach to education.*

*We encourage each of you to actively contribute to this initiative. Share your stories, your ideas, and your passions, as collaboration is what truly brings out the best in us. Let us use this platform to celebrate our diversity, amplify our wisdom, and cultivate a sense of belonging that transcends barriers.*

*Together, let us pave the path to a brighter future.*

Warm regards,  
The Editorial Team



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News, Events and Achievements

Creative Corner (Students' write-ups, poetry, and creative projects)

Pathfinders (featuring stories and advice from school counsellors)



## Congratulations!

OUR OUTSTANDING PERFORMERS IN IGCSE 2023



Sherya Deshpande  
A\* in 6 Subjects



Shaurya Prasad  
A\* in 5 Subjects



Vivaan Malik  
A\* in 4 Subjects



Abhimanyu Naik  
A\* in 4 Subjects



Aryan Motiwale  
A\* in 4 Subjects



Upamanyu Mukherjee  
A\* in 4 Subjects

## FATHER'S DAY

DATE: 16TH JUNE 2023

*"A father's smile has been known to light up a child's entire day. A father always motivates the child to walk on the path of progress and supports in every difficult time."*

To celebrate Father's Day the learners of grades 1 to 5 engaged in various activities. They made cards, bookmarks and painted ties to show their love and gratitude. An engaging rapid-fire round "All I know about my Dad" and a "My Dad and Me" portrait-making session added to the fun. They composed poems and wrote letters to their fathers. Our little ones also made a popsicle stick craft with phrases that describe their fathers. This event not only celebrated the bond between children and their dads but also helped create memories that will be cherished forever.



HAPPY  
FATHER'S  
DAY





## THE ENVIRONMENT WEEK

DATE: 19TH JUNE TO 23RD JUNE 2023



*"Plans to protect air and water, wilderness and wildlife are in fact plans to protect man."*

—Stewart Udall

The annual Environment Week at BVRTSE was a resounding success, focusing on the crucial theme of 'Solutions to Beat Plastic Pollution'. Students from all grades showcased their knowledge and passion for environmental conservation through a series of activities.



The various activities conducted during the week emphasized the significance of reducing plastic consumption, promoting recycling, and adopting sustainable alternatives. By empowering the students with knowledge and encouraging responsible environmental practices, our school is ensuring that our learners are committed to combating plastic pollution and preserving our planet for future generations.



Students watched videos on 'Ways to protect our environment' and represented their thoughts by creatively illustrating the same. "Best Out of Waste" activities were conducted wherein students showed their creativity by making piggy banks, pen stands, pencil stands, wind chimes and paper shopping bags. Students also made posters on protecting the ocean and marine life. All students took the pledge to save the environment. It was a treat to see many young minds working towards spreading awareness for the greener earth.

## YOGA DAY

DATE: 21ST JUNE 2023

*Yoga is the journey of the self, through the self, to the self*  
-Bhagwat Gita

Yoga offers a haven of calm; it plays a key role in reducing anxiety and managing stress. It fosters the development of discipline and patience along with the improvement of strength, flexibility, and physical health. It connects us to ourselves and our planet, and the list of benefits is unending.

To instil the importance of practicing yoga for well-being and health, International Yoga Day was celebrated impressively at BVRTSE. Students from all grades performed - pranayama, a few interesting asanas for improving concentration, mind-body balance, etc., with a lot of enthusiasm and curiosity, under the guidance of well-established yoga experts. The importance of every asana was explained while performing. It was an enlightening experience for all the learners.



## BREAKFAST DATE WITH TEACHER

**DATE: 30TH JUNE 2023**



*"Eat your breakfast. It's the most important meal of the day!"*

Breakfast is a great way to give the body the refueling it needs. The students of Bharati Vidyapeeth Rabindranath Tagore School of Excellence enjoyed nutritious breakfast with their teachers and friends on 30th June 2023. Students and teachers ate fresh fruit, cereal, nuts and sandwiches. Students also shared the importance of having a healthy breakfast.

The breakfast date strengthened the bond between a guru and shishya which is essential for an enhanced teaching-learning experience.



## INTERNATIONAL LANGUAGE DAY

**DATE: 14TH JULY 2023**

*A different language is a different vision of life.*

International Language Day is a celebration dedicated to promoting multilingualism and cultural diversity. The students and staff of BVRTSE gathered to participate in a series of activities that highlighted the beauty and value of various languages.

Our enthusiastic learners presented songs and recited poems in different languages, creating an atmosphere of linguistic harmony. The event further featured an engaging skit that demonstrated the power of effective communication through language.

To encourage active participation, students and attendees were encouraged to greet each other using phrases from languages other than their own. This interactive component of the celebration not only facilitated cross-cultural exchanges but also allowed everyone to experience firsthand the richness that linguistic diversity brings to our lives.





## LITERARY WEEK

DATE: 24TH JULY TO 28TH JULY

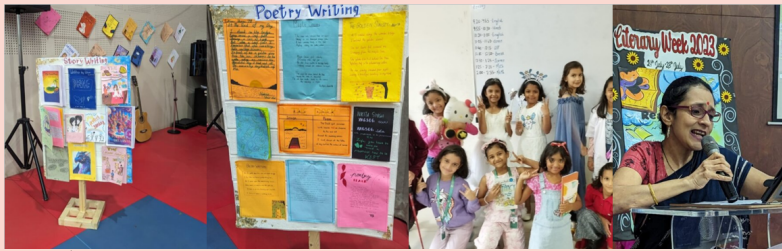
*“There are many little ways to enlarge your world and the love of books is the best of all.”*

### PRIMARY

BVRTSE learners were taken into the magical world of books during the literary week. Beginning with the analysis of the meaning of the word 'literary' to exploring different activities related to it, the students experienced 5 days of diverse learning. They cherished reading their favourite books with their classmates on

#### DEAR Day - “Drop Everything and Read.”

The next day, a character parade was conducted where the learners met J.K. Rowling, Sudha Murthy, Dora, and Matilda. The ‘Character Parade’ by our teachers tickled students’ funny bones and helped them to know more about various authors and characters. This was followed by a book cover designing session. The week culminated with an interesting show-and-tell competition, a regaling poem recitation competition, and a story-writing competition.

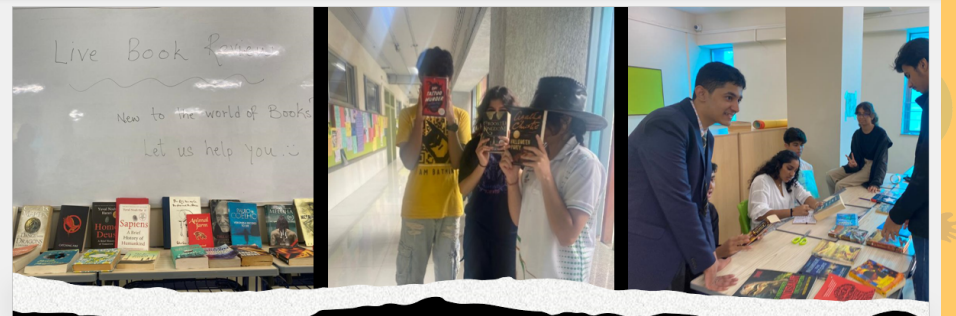


### SECONDARY

The Literary Week at BVRTSE was a week-long celebration of literature, language, and the art of storytelling. The event aimed to promote the love for literature, foster creative expression, and bring together book enthusiasts, writers, and readers from various backgrounds.

Various competitions and events like short story writing, creative expression, choral recitation, poetry slam, and debate were organised to encourage creativity and skill development.

On the final day, renowned author **Ms. Rashmi Abhisheki** was invited to share her experiences and insights with the students of Lower Secondary; while the students of grades 9, 10, and AS enjoyed the Literary Fiesta that the members of the Literary Club had organised with events like ‘The Bard and Brushstroke’, ‘Hail Haiku’, ‘Musical Ballads’, ‘Book Exchange’, and ‘Live Book Review’.





## FRIENDSHIP DAY

**DATE: 4TH AUGUST 2023**



*‘One of the most beautiful qualities of true friendship is to understand and be understood.’*

True friendship knows no boundaries of age, gender, or culture. It brings people together and strengthens the ties that bind us. Friendship Day is a day to express gratitude, love and appreciation for our friends, who support us through thick and thin.



The little friends of BVRTSE celebrated Friendship Day in a special way. The day began with a creative and heartwarming ‘Friendship bracelet making’ activity. Each child chose colorful ribbons, markers, and differently shaped mirrors to create unique bracelets for their friends. They exchanged these handmade tokens of love, promising to wear them as a symbol of their cherished friendship. During their break time, they visited different sections to meet their friends and show their love for each other. They also designed cards and wrote messages for their friends.



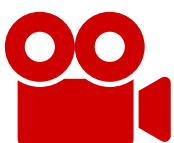
## INVESTITURE CEREMONY

**DATE: 7TH AUGUST 2023**



*“A leader is the one, who knows the way, goes the way and shows the way”*

BVRTSE's Investiture Ceremony 2023 was a momentous occasion. Mr. Jagdeep Singh, Director of the International School Sports Organization, graced the event as Chief Guest, and Dr. Arundhati Nikam, the Academic Director of Bharati Vidyapeeth English Medium Schools, was the Guest of Honor. The ceremony commenced with the felicitation of IGCSE 2023 achievers by Ms. Jumana Gari, our principal. Our school anthem resonated through the air, followed by the impressive Council Parade and the swearing-in ceremony of our newly elected leaders.



**Link : [Student Council 2023](#)**



## PATRIOTIC WEEK

Our learners painted the Indian flags with eraser imprints, drew and explained the National symbols, sketched the majestic Taj Mahal and a portrait of the father of our nation-Mahatma Gandhi.

An Inter-Class Dance Competition was also organized for each grade.



## DATE: 7TH - 12 TH AUGUST 2023



## INTERSCHOOL COMPETITION

Our triumph at the **TED Titans State Level Interschool Competition** is a shining testament to the ethos of Bharati Vidyapeeth Rabindranath Tagore School of Excellence, where academic excellence is complemented by a holistic approach to education. It reinforces our belief in nurturing well-rounded individuals who not only excel in their studies but also demonstrate the confidence and zeal to make a meaningful impact on the world.



## ILS BLOG – TIPS FOR CULTIVATING CREATIVITY IN YOUR KIDS

There's a common misconception that the best way to encourage children's creativity is simply to get out of the way and let them be creative. Although it's certainly true that children are naturally curious and inquisitive, they need support to develop their creative capacities and reach their full creative potential. Supporting children's development is always a balancing act: how much structure, how much freedom; when to step in, when to step back; when to show, when to tell, when to ask, when to listen. The key challenge is not how to "teach" creativity to children, but rather how to create a fertile environment in which their creativity will take root, grow, and flourish.

### IMAGINE

#### **1. Show examples to spark ideas**

A blank page, a blank canvas, and a blank screen can be intimidating. A collection of examples can help spark the imagination. We can always start by showing sample projects — to give a sense of what's possible (inspirational projects) and to provide ideas on how to get started (starter projects). We can show a diverse range of projects, in hopes of connecting with the interests and passions of workshop participants.

Of course, there's a risk that children will simply mimic or copy the examples that they see. That's OK as a start, but only as a start. Encourage them to change or modify the examples. What is important is: What might they do differently? How can they add their own style, connect to their own interests? How can they make it their own?



#### **2. Encourage messing around**

Most people assume that imagination takes place in the head, but the hands are just as important. To help children generate ideas for projects, we often encourage them to start messing around with materials. As children play with LEGO bricks or tinker with craft materials, new ideas emerge. What started as an aimless activity becomes the beginning of an extended project.

We can sometimes organize mini hands-on activities to get children started. For example, we can ask children to put a few LEGO bricks together, then pass the structure to a friend to add a few more, then continue back and forth. After a few repetitions, children often have new ideas for things they want to build.



Messing in a small kitchen garden or having to plant some saplings and look after them is also a fun activity. Scientists have discovered that the mycobacterium found in soil can improve brain functions while boosting moods. The mycobacterium vaccae found in the soil increases serotonin produced in the brain (also known as the "happy" chemical). By getting your hands dirty, you're also making your brain happy! It is not only fun, but it is also a healthy activity that helps children to improve their motor skills, social skills, and knowledge of plants, insects, and other living things. It also helps them to learn about responsibility and to develop persistence in the face of challenges. Their curiosity is stimulated, they ask questions and instinctively solve problems. They feel ownership of the space they are cultivating and pride in their work.



## CREATE

### **3. Provide a wide variety of materials**

Children are deeply influenced by the toys, tools and materials in the world around them. To engage children in creative activities, make sure they have access to a broad diversity of materials for drawing, building and crafting. New technologies, like robotics kits and 3-D printers, can expand the range of what children create but don't overlook traditional materials like natural vegetable colours, vegetable blocks for printing etc. The greater the diversity of materials, the greater the opportunity for creative projects.

### **4. Embrace all types of making**

Different children are interested in different types of making. Some enjoy making houses and castles with LEGO bricks. Some enjoy making games and animations with Scratch. Others enjoy making jewellery or soapbox race cars or desserts—or miniature golf courses.

Writing a poem or a short story is a type of making, too. Children can learn about the creative design process through all of these activities. Help children find the type of making that resonates for them. Even better: Encourage children to engage in multiple types of making. That way, they'll get an even deeper understanding of the creative design process.

## **PLAY**

### **5. Emphasize process, not product**

Many of the best learning experiences happen when people are actively engaged in making things, but that doesn't mean we should put all our attention on the things that are made. Even more important is the process through which things are made.

As children work on projects, highlight the process, not just the final product. Ask children about their strategies and their sources of inspiration.

Encourage experimentation by honouring failed experiments as much as successful ones. Allocate time for children to share the intermediate stages of their projects and discuss what they plan to do next and why.

## **REFLECT**

### **6. Ask (authentic) questions.**

It's great for children to immerse themselves in projects, but it's also important for them to step back to reflect on what's happening. You can encourage children to reflect by asking them questions about their projects. We often start by asking: "How did you come up with the idea for this project?" It's an authentic question: I really want to know! The question prompts them to reflect on what motivated and inspired them.

Another of my favourite questions: "What's been most surprising to you?" This question pushes them away from just describing the project and toward reflecting on their experience. If something goes wrong with a project, we will often ask: "What did you want it to do?" In describing what they were trying to do, they often recognize where they went wrong, without any further input from us.

### **7. Share your own reflections.**

Most parents and teachers are reluctant to talk with children about their own thinking processes. But talking with children about your own thinking process is the best gift you could give them.

It's important for children to know that thinking is hard work for everyone—for adults as well as children. And it's useful for children to hear your strategies for working on projects and thinking through problems. By hearing your reflections, children will be more open to reflecting on their own thinking, and they'll have a better model of how to do it.

**Be Creative,  
Encourage Creativity!**

**By Individualized Learning Support**

**Get in touch :**

**Special.educator@bvtse.in**

**Counselor@bvtse.in**

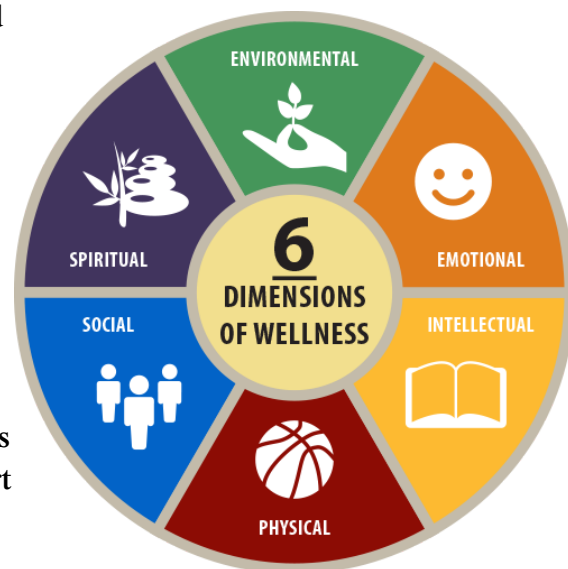
**secondarycounsellor@bvtse.in**

## Holistic Learning and Development

Times have changed, and so have expectations! To keep in sync with the fast-paced world we must prepare our learners with known skills for an unknown future. These values go beyond the knowledge found in books and encompass the learning that includes understanding oneself. Yes, a task accomplished only by spending time in introspection and honing the skills that may seem trivial but are of utmost importance. Fortunately, it is possible to understand oneself and others, and this is what Social Emotional Learning is all about. We perceive this need and are delighted to share that we have taken steps to include this concept in our curriculum during the Holistic Learning and Development sessions.

A month into this new learning, and it is great to see that our learners have accepted the new curriculum with open arms and make an effort to display behaviour in sync with the core components of Self-Management, Self-Awareness, Social Awareness, Responsible Decision Making and Relationship Skills. Like any other skill, total acquisition may take some time, but we are confident that with a strong foundation and continuous reinforcement at home and school, they will be empowered to meet the challenges of the 21st century, rise above all adversaries and shine bright.

Rachna Gupta  
Lead-Holistic Learning and Development



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